

## SUNDAY LUNCH AND ACTIVITIES



**Lunch: Potluck  
Activities: Youth-  
Led Worship**

### Elders' Corner

#### *When you are feeling stressed...*

Do you ever feel like the world is pounding you with temptation, or finances are difficult, or stress is driving you crazy? Where do you turn? What do you do?

Jesus faced some of His greatest stress by taking time to pray. Of all the places he could have chosen to go he went to the Garden of Gethsemane. As Jesus entered the garden feeling like His sorrow would kill Him. He fell to the ground in agony praying. He asked others to pray with Him, but they slept. He began to pray again with His sweat falling like drops of blood.

When you are feeling pressure, do you pray? Do you ask others to pray for you? Do you pray for God's will to be done, even if it means more suffering? The elders would be happy to pray for you and with you when you are feeling stressed-out.

Enter your prayer closet and cry out to God in prayer. Only then will things will work out best.

Eddy, Jeremy, Johnie, Michael, and Pat



October 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

### October

10/29 **5th Sunday**

10/30-11/3 Meals to the  
Homebound

10/31 Trunk or Treat

### November

11/2 Senior Saints annual  
Pie trip

11/5 prison ministry

11/5 AWTG @ Choctaw

11/12 prison ministry

11/12 Reveal @ Ricci &  
Pam Smith home

11/23 Thanksgiving

**FAMILY PRAYER  
NAMES**



#### Our Elders

Johnie Fredman  
(405) 397-3850

Michael Kelsey  
(405) 403-6097

Eddy Parker  
(405) 598-2291

Jeremy Pearman  
(580) 276-0881

Pat Swafford  
(405) 765-9002

#### Our Ministers

Erick Henson  
(Pulpit)  
(405) 827-6220

Dan Fredman  
(Associate)  
(918) 855-2483

Philip Wolke  
(Youth)  
(405) 317-4322

#### Our Deacons

- ♦ Brett Byrum
- ♦ Stacy Gingrich
- ♦ Robby Kinsey
- ♦ Keith Patterson
- ♦ Gary Stapp

# Highland Church of Christ

Tecumseh, OK

October 29, 2023

**Hello and welcome to worship!** Did you hear the joke about the peanut butter? I am not telling you. You might spread it. Why did the fisherman put peanut butter into the sea? Because he wanted something to go with the jellyfish? What do you call cheese that is sad? Blue cheese Waiter, waiter, will my pizza be long? No sir, it will be



round! What did the vegetable say to its love? I love you from my head to-ma-toes. What's a potato's favorite animal? An alli-tator. If you noticed, those jokes were all about food. Today we are looking at doing without food for a certain purpose. Fasting can be a very humbling experience. To do

without for a certain period of time can help with humility and show more of humility to our Father in heaven. In Psalms 69:10 David writes "When I wept and humbled my soul with fasting, it became my reproach." This was a way that David could help with disciplining his soul to be more faithful to God. David felt like he was about to drown. He says in vs. 1 of this chapter that "the waters have come up to my neck." He is in deep trouble. How could he give a little boost to his prayers to show God he is serious about his situation? One way was to humble himself and fast. He thought, I know what I can do to show God I am extremely serious about the situation? I can do without what I have so much of. David was the king. He had access to the best foods in the world. To do without what he had in abundance could be a way to give a boost to his prayers. Humbling himself could show the Lord that he means what he says. Do you ever feel like you are in deep waters up to your neck? You might try like David and humble yourself and fast. It could be a way that you show God you are serious about the situation.

*Erick*

## TODAY'S WORSHIP LEADERS

### Privileged to Serve the Church Assembly

<b>Preacher</b>	Erick Henson	<b>Song Leader</b>	Michael Kelsey
<b>Announcements</b>	Eddy Parker	<b>Greeter-East Side</b>	Gary Perry
<b>Opening Prayer</b>	Darrel Hinson	<b>Greeter-East Side</b>	Torrey Hatler
<b>Bread</b>	Dan Fredman	<b>Greeter-East Side</b>	Stacy Gingrich
<b>Table (1)</b>	Tim Gould	<b>Greeter-North Side</b>	Craig McKnight
<b>Table (2)</b>	Hunter Hill	<b>Info Booth</b>	Charlie Wilcox
<b>Cup (3)</b>	Shane Brown	<b>Auditorium Greeters</b>	Greg & Analisa Beal
<b>Table (4)</b>	Gavin Winchester		
<b>Table (5)</b>	Kyle Stapp	<b>Sound Sunday</b>	Gary Stapp
<b>Offering (6)</b>	Zane Hamilton	<b>Video Sunday</b>	Luke Swafford
<b>Table (7)</b>	Aaron Sack	<b>Sound Wednesday</b>	Greg Beal
<b>Table (8)</b>	River Norton		
<b>Scripture Reading</b>	Carson Wolke	<b>Nursery</b>	Leona Smith
<b>Invitation/Prayer</b>	Johnie Fredman	<b>Wednesday night Invitation</b>	Michael Kelsey

If you are scheduled to be on the table, please be here by **9:15**; otherwise, I will have to find a replacement. Thank you! Stacy

**Men's Conference Calls** 1st & 3rd Thursday nights from 9-9:30pm. The number for the call is (605) 313-5096. The code will be texted.

**Ladies' Bible Class** 3rd Tuesday of every month. 10-11a

**Marriage Ministry** texts are encouraging thoughts or questions to prompt healthy discussion. To be added to the group, please see Johnie Fredman or text him at (405) 397-3850.

**Giving** may be mailed to PO Box 129 or given online thru link at [www.hcoct.com](http://www.hcoct.com) or, go to the App Store or Google Play and search for "Vanco Mobile".

**Online directory** is located at <https://servantkeeper.com/directory/hcoct/login> (call office or reply to email for password).

**Food Distribution** is Saturday following the 3rd Thursday of month

## Highland church of Christ

905 E Walnut

PO Box 129

Tecumseh, OK 74873-0129

Phone: (405) 598-3514

[info@hcoct.com](mailto:info@hcoct.com)

[www.hcoct.com](http://www.hcoct.com)

### Attendance Last Week:

Sun Worship: 210

Bible Study: 168

Daily Bible Readers: 45

### Schedule of Services

#### Sunday:

Worship 9:30 am

Bible Study 10:45 am

#### Wednesday:

Bible Class 6:30 pm

### Fall Quarter Classes

#### Sunday am

##### 1 Corinthians

Auditorium:	Pat
111B:	Michael
114 (TNT):	Johnie
High School:	Rob
Junior High	Luke

#### Wednesday evening

Fellowship Hall:	Jeremy (Christian Leadership)
JH/HS Combined:	Phil and Erick (Evangelism)

**Sermon Insight sheets** available on table back of auditorium

## Prayers Please

**Health (Members):** Gary Perry (back surgery recovery); Bob Adams (knee & vision); Kurt Kingham (heart cath November 21); Lethea Bradley (understanding & peace); Kyle, Allyson, & Aiden Stapp (Aiden Hospital); Erin Wolke (recovery); Holly Cantrell (strength); Lori Deardorff (back surgery); Dawn Bourlon (cancer, surgery October 30); Amanda Brown (health); Tami Lawson (cancer); Dick Walton (cancer); Jimmie Young (Health); Betty Simon (health); Kurt Shirey (Health); Bud Deardorff (Health); Foye Cash (Health); Glenn Woodard (Health); Lois Bottoms (hospitalized); Vickie Arnold (neck); Jim Arnold (brain Fistula); Claudine Pearce (hospitalized); Stephenson family (strength); Gina Fredman & family (loss of Aunt); Flossie Jorgenson and family (loss of Mike).

**Health (Others):** Erick's brother (neck surgery recovery); Jerry Gould (Tim's dad) hospitalized with breathing problems; Lola Richard's sister in Arkansas hospitalized with covid; Ray Jr (Verlie Grimmer's son); Janis Kuykendall's Family (Scott, Cindy & John); Cody Bryer (Stacy Gingrich's niece's BIL) Stage 1 bladder, liver & prostate cancer; Rickey Lovelady (friend of Gary Perry) mass infection & hip removal; Chris Skillings (son of Ruby Holt) bicep and shoulder surgery; Donna (Theresa Skelly sister) Breast cancer; Nathanael Price (Jennifer Stapp-Price's husband).

**Our shut-ins:** Retha Barnes; Mildred Boone; Jack Cline; Delbert Fuchs; Harold Hall; Wilma Hixson; Glen & Kay Jones; Don & Claudine Pearce.

**Other Prayers:** Mabel Bassett ladies, our country and military, especially our homegrown heroes, conflicts around world especially the middle East.

## Announcements



### TRUNK-OR-TREAT

OCTOBER 31

6:00-8:00 PM

### Senior Saints Annual

#### Pie Trip

November 2nd leave at 8am

Pauls Valley fried pies, Mrs. Fields pies, and lunch at Punkins



Sunday 19th activity

2024 planning

### Senior Saints

### Christmas event

Watch for info



Thank you everyone that helped.

The food pantry is fully stocked currently.

### Youth Bulletin board Sign up sheets:

Wednesday hang out meals

QR code for youth & parents group chat

### Bulletin information

Please submit any bulletin info to office by 10 am on Fridays. The pray list will be updated regularly. If removed and still need prayers please let us know. Please give prayer request with a reason if possible.

Thank you Adam & Tamra